



Vol. 51 No. 21

June 17, 2005

Aviano Air Base, Italy

Fly Bys

Lane closure

The lane in front of the Aviano Passenger Terminal closes Wednesday for construction on the building. Drivers are asked to be cautious and adhere to the temporary traffic signs. Construction is expected to last until early August.

Change of command

Col. Joseph Ford will assume command of the 401st Air Expeditionary Wing from Col. Joseph Abbott in a change of command ceremony 10 a.m. Thursday at the La Bella Vista. Call Capt. Heath Frye at Ext. 4901 or Master Sgt. Robert Bennett at Ext. 7588 for more information.

Toastmasters

The Aviano Toastmasters Club 9289 holds a demonstration meeting 11:30 a.m. June 30 in the 31st Operations Group conference room in Flightline Bldg. 1360. For more information, call Exts. 7551 or 4285.

Hotline

The 31st Fighter Wing established a Sexual Assault Response Coordinator office to ensure confidentiality through restricted reporting. Call Ext. 7272 during duty hours or Ext. 7673 during non-duty hours.

Program shines light on Aviano nightlife

Leadership gets glimpse of flightline operations

By Staff Sgt. Julie Weckerlein
31st Fighter Wing Public Affairs
Vigileer editor

Local sergeants and officers got a taste of Aviano nightlife this week, but not the nightlife involving smoky bars and disco.

Instead, the 31st Fighter Wing Airmen spent time as part of Combat Nighthawk in the work environments of other Airmen who work late at night or at odd hours.

Under the guidance of Gen. Robert H. "Doc" Foglesong, U.S. Air Forces in Europe commander, Combat Nighthawk is a professional development program designed to hone leadership skills and increase operational awareness among company grade officers and senior non-commissioned officers, although junior NCOs are regularly signed up for the program.

Joined up as a team around 6 p.m., the Airmen then tour the base, stopping at facilities that remain open 24-7, eating at a dining facility and taking part in late-night inspections.

Master Sgt. Nick Uy, 31st Logistics Readiness Squadron, took part in the program Tuesday.

"It was nice to see what the [Airmen] are doing at night," he said. "It gave me a better understanding of what is happening around the base, even after I go home for the day. It also painted a picture of the type of schedules these Airmen work."

After a meal at the Aviano La Dolce Vita Dining facility and a tour of the flightline dormitories, Sergeant Uy's group visited the 31st Security Forces Squadron armory to speak with the Airmen working there.



Staff Sgt. Julie Weckerlein

Capt. Nichole Cione, 31st Medical Operations Squadron, laughs as she tests out the Aviano Fire Department's sirens during Combat Nighthawk Tuesday. "Now I see why these Airmen visit me," said the audiologist.

It was quite a learning experience, said another Tuesday participant, Capt. Nicole Cione.

"The people there were very excited about their jobs," said the 31st Medical Operations Squadron audiologist. You could just see their faces light up as they talked."

Senior Airman Eric Hall showed the group the 31st Security Forces Squadron's arsenal of

See NIGHTHAWK, page 8

Family Day: 31st Fighter Wing leadership announced that July 1 will be a down day for wing Airmen to spend with friends and family.

Aviano Sortie Board

sortie: n, a flight of a combat aircraft on a mission

	Hours	Sorties
31st FW goal	855.3	376
ahead/behind	-17.4	14
555th FS goal	327.1	227
ahead/behind	63.8	43
510th FS goal	528.2	149
ahead/behind	-81.2	-29



Good service

Aviano's Customer College teaches Airmen how to do business with a smile. It's a course that's getting positive responses, from students and customers.

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Uniforms

Proper uniform wear is spelled out in Air Force Instruction 36-2903, but are Aviano Airmen meeting the standards? Others can learn from these do's and don'ts.

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Vigileer
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U.S. Air Forces in Europe

Airman Information File

Personal safety responsibility

Mission accomplishment -- it's the ultimate goal for all our planning, training, and execution efforts within USAFE. Whether it's replacing an electrical conduit, repairing a jet engine, or ensuring someone gets reimbursed for TDY expenses, all of these diverse, daily activities support our combat mission. This is done through the effective employment of our limited resources -- the most precious of which is our people!

We can't effectively accomplish our mission when we don't have the right people and material due to losses. A loss may be associated with combat attrition as we lose people and equipment in direct conflict with the enemy. We may also suffer loss through normal wear and tear, or a natural disaster.

However, our primary loss is mishaps, many of which are preventable. This form of loss -- due to unsafe acts, poor judgment, or in some cases willful misconduct -- is unacceptable.

As a military force, we demand individual responsibility and sound judgment in the performance of our assigned tasks -- we expect every Airman to know and do the right thing.

Without your job knowledge and adherence to demanding standards, we would not achieve and maintain our status as the world's finest Air Force -- this

describes Airmanship. Excellence in all we do must extend to our off-duty activities as well.

We occasionally run into trouble when we seek a short-term benefit instead of doing things right. We face pressure to save time, but when we choose to skip a step or rush, the time we gain is limited. We maintain frantic schedules and sometimes try to cram four days of R&R into two.

The entire time we take chances, stretch the rules, and fail to give risk its just respect. Do we consider our professional responsibility to our Air Force team when we take unacceptable personal risks? Do we consider the impact on our family if our gambles don't pay off?

Our Air Force mishap history has taught us a great deal about how we are injured or killed. From these lessons we have improved our equipment, instituted training, and evolved our policies and procedures to reduce risk. We will do everything in our power to make our workplaces free from hazards and to provide the tools needed to manage daily risks on or off the job. In turn, all Airmen have the professional responsibility to apply this knowledge ... on and off duty.

Airmen taking care of Airmen and first-class Airmanship -- anything less is unacceptable!



Gen. Robert H. Fogle-song, right, is the U.S. Air Forces in Europe commander while Chief Master Sgt. Gary Coleman, left, is the USAFE command chief master sergeant. USAFE is an Air Force major command and the air component of the U.S. European command. Its headquarters is located at Ramstein Air Base, Germany. USAFE accomplishes its mission with its 16 installations, five of which are main operating bases situated across Europe. The command consists of about 73,000 people, including 26,000 active-duty Airmen.

General Doc Fogle-song

CMSgt Gary Coleman

“Without your job knowledge and adherence to demanding standards, we would not achieve and maintain our status as the world's finest Air Force.”

31st Fighter Wing

Commander's Corner

By Brig. Gen. Robert Yates
31st Fighter Wing commander

Ladies and Gentlemen of the World Famous 31st Fighter Wing!

As we close another week in our history, we have many issues to cover.

First, I want to congratulate our recent Master Sgt. and Tech. Sgt. promotees. Your selection is well deserved and it represents the trust the Air Force has placed in you by selecting you to serve in the higher grade.

You have earned this promotion, and I am proud to count each of you as a member of the Aviano fly, fight and win Team!

Overall, Aviano competed well in the promotion process. For selection to E-6, Aviano had 141 Tech. Sgt. selectees with a promotion percentage of 20.35 percent, less than 1 percent below the Air Force promotion average. We did extremely well in the promotion to E-7, and was 10 percent above the Air Force average.

The 31 FW had 91 members earn their right to be counted among the "Top 3", the rare air of Senior NCO country, at a selection rate of 29.54 percent. I highly encourage the entire base to come out and congratulate our new promotees today at 5 p.m. over at La Bella Vista.

I know you will all conduct yourselves responsibly; remember we will have the Dragon Wagon and AADD on hand to provide rides if you need one.

To continue the great news, the 31 FW also had three of our very own selected for Intermediate Developmental Education, the second step in officer professional military education.

The competition is stiff for selection; this represents quite an honor for each individual. When you see the following individuals around the ranch, please slap them on the back and offer your congratulations:

Capt. Mark Wisher, 31 OSS

Capt. Mark Mitchum, 510 FS

Capt. John Vargas, 555 FS

I would also like to welcome on board our newest group commander: Col Kimberly Toney. Col Toney took command over the 31 Mission Support Group this past Tuesday. She is an incredible addition to the team, and I know she'll work wonders during her command. Welcome to winner's country, Kim!

As you know, I consider my family to be the most important part of my life; I'm sure you all place your family on a pedestal as well.

In line with this sentiment, I want to announce that July 1 will be a family day for the 31 FW. Please take the time to connect with your family and



ensure you spend some quality down time with them for all the support they give to all military members day in and day out.

Speaking of support mutual support--I would be remiss if I didn't mention safety. Last weekend, three different single car accidents occurred when the members' vehicles hydroplaned and spun out of control. Although they were not speeding, our teammates did fail to assess the conditions. In each case, remember to assess the safety of those with whom you share the road. Remember our goal--no serious accidents and no fatalities.

Drive in such a way that you help us meet this goal.

In closing, I'll say that the first two weeks in winner country have been phenomenal. Barb and I have loved every minute spent with you. You are a dynamic, talented and fired up group of professionals. Have fun this weekend and remember to take care of each other. Thanks for all the hard work and keeping pressing to make Aviano Air Base better each and every day!

Aviano Airman of the Week



Brig. Gen. Robert Yates presents a coin to Airman 1st Class Cassandra Berg after she spent the day shadowing him.

Name: Airman 1st Class Cassandra Berg

Unit: 31st Medical Operations Squadron

Hometown: Los Angeles

Time in service: two years

Hobbies: Reading, volunteering

Accomplishments: Airman Berg was selected as a dragon warrior shadow for her above and beyond attitude, her volunteer spirit and her dedication to the Aviano team.



603rd Air Control Squadron downrange

RESCON CORNER

The 31st Fighter Wing is in **RESCON BRAVO**.

It's been **3** days since the last drunk driving incident.

Focus on Combat and Special Interest Programs

Combat Fitness

Combat Fitness is a program aimed at improving the physical fitness of our Airmen to meet the growing demands of our combat culture. This command-wide program is committed to enhancing mission readiness and the quality of life of our "Total Force" through focus on physical fitness and health regimes.

New to the Blue birth announcements

Kennedy Celise Anderson was born April 13 to Kendra and Staff Sgt. Louis Anderson Jr., 31st Civil Engineer Squadron, and brother Devon Harns, 7.

Isabella Maritea Arnett was born May 26 to Maritea and Staff Sgt. Charles Arnett, 31st Aircraft Maintenance Squadron, and siblings Jocelyn, 9, and Jordan, 7.

Caleb Mitchell Blankenship was born May 10 to Staff Sgt. Jeannette Blankenship, 31st Maintenance Operations Squadron and Staff Sgt. Robert Blankenship, 510th Aircraft Maintenance Unit.

Madison Joan Bryan was born May 9 to Angela and Staff Sgt. Nathan Bryan, 31st Maintenance Squadron, and brother, Joshua, 3.

Marta Elaine Elliott and **Daniela Marie Elliott** were born May 31 to Nieves Elliott, 31st Services Squadron, and Tech. Sgt. Richard Elliott, 31st Maintenance Squadron.

Damon Tyler Mayberry was born April 28 to Staff Sgt. Kelly Mayberry, 31st Logistics Readiness Squadron and Staff Sgt. Scott Mayberry, 31st Aircraft Maintenance Squadron, and sister Taylor Kristine, 4.

Samuel Adams Phillips was born Feb. 14 to Sheryl and Maj. Dan



Phillips, 31st Medical Operations Squadron, and siblings Danielle, 14, Patrick, 9, Annemarie, 7, Noah, 5, and Jack, 2.

Gabriel Paul Stevens was born Dec. 18 to Airman 1st Class Katherine Stevens, 555th Aircraft Maintenance Unit.

Audrey Katherine Vergeldt was born May 10 to Autumn and Master Sgt. Paul Vergeldt, 31st AMXS, and sister, Chloe Annabel.

Brynn Leah Wood was born Dec. 14 to Crystal and Staff Sgt. Wayne Wood, 31st Aircraft Maintenance Squadron, and sister Ava, 4.

Note: Baby announcements can be sent either through the form given by the 31st Medical Group, or e-mailed to vigileer@aviano.af.mil.

Marriage information: The Aviano Family Support Center assists people with filing paperwork and arranging appointments. Call Ext.5407.

Programs aim to reduce military divorce rates

By Donna Miles
American Forces Press Service

Recognizing the stresses military life and multiple deployments put on families, officials are stepping up their efforts to help servicemembers strengthen their family relationships and avoid divorce courts.

A full range of outreach programs -- from support groups for spouses of deployed troops to weekend retreats for military couples -- aims to help military families endure the hardships that military life often imposes.

Specific service-by-service statistics about divorce rates within the military were not available, but Army rates give a snapshot of what are believed to be a military-wide trend.

Army officials reported 10,477 divorces among active-duty force in fiscal 2004, a number that has climbed steadily over the past five years. In fiscal 2003, the

Army reported less than 7,500 divorces; in 2002, more than 7,000, and in 2001, about 5,600.

During the past two years, the divorce rate has been higher among Army officers than their enlisted counterparts, reversing the previous trend, officials said. In fiscal 2003, the Army reported almost 1,900 divorces among its 56,000 married officers. The following year, that number jumped to more than 3,300.

These statistics reflect a general trend in American society, said Army Chaplain (Col.) Glen Bloomstrom, director of ministry initiatives for the Army's chief of chaplains. Forty-five to 50 percent of all first marriages end in divorce nationwide, he said, and the failure rate is even higher for second marriages: 60 to 70 percent.

Divorce rates run even higher in specific occupations, particularly those that expose people to traumatic events and danger, as well as heavy responsibilities and public scrutiny,

The toll goes beyond the human side and affects military operations as well, he said.

Servicemembers in happy marriages tend to be more focused on their jobs and less likely to have disciplinary problems, Chaplain Bloomstrom said. They are also more likely to remain in the military.

While the Air Force does not have servicewide marital support programs, Air Force officials said individual bases offer a wide variety of programs to support military families and help them through separations, deployments and the stresses relating to them. Programs are offered through family support, chaplain and mental-health counseling networks.

Chaplain Bloomstrom said he is optimistic about the emphasis the military services are putting on programs for married servicemembers.

The goal, he said, is to help couples recognize and address danger signs before they escalate. (*Air Force Print News*)

Customer College teaches good service

By Airman 1st Class Sarah Gregory
31st Fighter Wing Public Affairs
Vigileer staff writer

“Whadda’ya want? We’re busy...you’ll have to come back later.” Many people have encountered rude customer service and have been left feeling frustrated and without a solution to their problem.

In an organization like the Air Force, presenting a professional and courteous attitude to customers is key to accomplishing day-to-day operations. In order to make a positive and long-lasting contribution to the quality of life, USAFE began the customer college program.

“Customer College is a USAFE training program designed to help customer service professionals raise the bar on their service from good to exceptional,” explained Trena Horrach, a customer college instructor.

The college focuses on training customer service professionals the skills needed to provide care that exceeds customer expectations.

Students are taught the difference between good and exceptional service and communication skills such as listening and questioning methods, said Ms. Horrach. The course also touches upon the importance of attitude, dealing with difficult customers, personality differences, stress management, diffusing conflicts and handling mistakes.

“Learning to recognize what it takes to provide exceptional service will improve the customer service provider, their team, their organization and the Air Force,” said Ms. Horrach.

In order to teach customer services skills, the instructors use various role playing scenarios.

“We have lots of student interaction and sharing of ideas, techniques and tips,” Ms. Horrach said. “We take rank out of the classroom to facilitate the sharing and discussion process and add in



Staff Sgt. Bethann Caporaletti

Trina Horrach teaches a Customer College class here. The college aims to improve customer service.

learning exercises and role playing.”

The students also have written assignments, field visits and group projects.

“The course offers a lot of role playing and skits that help you learn how to interact with others,” said Tammy Brock, a recent customer college graduate. The instructors make the course fun, so students not bored by sitting in a classroom all day. “Ultimately, you learn how to make customers feel like they are the most important person in front of you and to have them leave happier than when they arrived.” The four-day course is mandatory for all front-line customer service providers and front-line supervisors must attend a one-day course.

It all starts with attitude, Ms. Horrach said. “Once the students realize what a lasting impression they can leave and what a reputation they and their organization earn, they’ll be motivated to perform at a higher level.”

Volunteer opportunities: Visit www.avianoofsc.org/career for Aviano volunteer information from the Aviano Family Support Center.

NIGHTHAWK, from page 1

weapons used to protect the base. Tuesday’s group wasn’t his first experience with Combat Nighthawk.

“I try to make it interesting for everyone,” he said. “Most of the time, I’ll pull out the general’s M-9 weapon and show them because it’s really the most perfect, nice-looking weapon.”

Combat Nighthawk Airmen also get to hear about the realities of working for the 31st SFS: new supervisors stretched thin with eight to 10 Airmen each, effects of deployments or training and 12-hour shifts which can routinely expand to 15-hour shifts.

Despite the hardships, though, the Airmen are proud of their work.

“A lot of Airmen like the night shift because that’s when the action happens,” said Tech. Sgt. Kenneth Dodd, 31st Security Forces Squadron, who briefed the group during their visit to the armory. “Our D-flight here is always working.”

The Area Two Fire Department is another base organization always manned 24/7. Unlike security forces, however, the job isn’t always as busy -- and that’s a good thing.



Staff Sgt. Julie Weckerlein

Master Sgt. Nick Uy peeks through the scope of a weapon while touring the 31st Security Forces Squadron armory during Combat Nighthawk Tuesday.

“If we’re out on the job at night, that means something is not right,” said Airman 1st Class Jason Culver, an Aviano firefighter who gave a tour to Tuesday’s group. A few weeks earlier, the department responded to a fire in one of the dormitory laundry rooms. Luckily, nobody was injured. “Every now and then, we’re called for something. But it does get pretty quiet at night,” he said. The Airmen work in 24-hour shifts, spending those hours at the station, which is furnished with bunks, a kitchen and recre-

ation room. Time is spent maintaining and checking the station’s equipment, making sure everything is ready to go at a moment’s notice.

“Fortunately, we do get time at night to work on our CDCs or for our degrees,” said Airman Culver. But the long hours and three-days on, three-days off rotation can be a little troublesome.

“It can be hard to get out and enjoy the area,” he said. “There are not a lot of base activities offered for Airmen who work such hours, either. We never get down days.”

Nevertheless, he said he wouldn’t trade his job for anything else. “People stay in this career field for a long time.”

Capt. Michael O’Keefe, 31st Medical Operations Squadron, said he gained a great deal of appreciation during his Combat Nighthawk experience Tuesday.

“I greatly recommend this for others to experience, especially supervisors and element chiefs,” he said. “It really opens up your eyes to the things these Airmen are doing. And it’s helped me appreciate my job that much more.”

Change of command

• Lt. Col. George Schaub will assume command of the 31st Operations Support Squadron from Lt. Col. William Brandt at 9 a.m. Thursday in Hangar One.

• Lt. Col. John DeGoese will assume command of the 31st Medical Operations Squadron from Lt. Col. Susan Hall at 11 a.m. June 28 at La Bella Vista.

Office closures

• The 31st Comptroller Squadron and wing staff agencies will be closed Tuesday for an official function. For emergencies, call 335-560-1241.

• The housing and furnishing management offices will be closed June 24 for a squadron function.

• The 31st Medical Group will be closed on June 24 for a medical group function. There will be extended care hours at the Family Practice Clinic in Area One 10 a.m. to 4 p.m. June 24 to 26 for acute care needs. If you need to obtain an appointment during extended care

hours, call 0434-30-5000 or Ext. 5000. For emergencies, go to Pordenone or the closest emergency room. For life threatening emergencies, call 118. All clinics will re-open at 7:30 a.m. June 27.

Shooting day

The Honorary Squadron Commanders Association is organizing the Fourth Annual Italian-American Shooting Day at the Small Arms Range of Pordenone, via Poligono di Tiro, 9 a.m. to 4 p.m. Sunday. This free event includes a pistol shooting competition, refreshments and a pasta lunch. For more information, call Paolo Tarchi at Ext. 7023.

Red Cross classes

The American Red Cross is offering adult, child and infant first aid and CPR classes 8 a.m. to 5 p.m. Saturday. Cost for the class is \$35. Lifeguard training is offered 7 to 11 a.m. Tuesday through June 25. Cost for the class is \$85. Baby-sitting training is 9 a.m. to 5 p.m. June 25. The cost is \$35. To

register for classes, call Ext. 5576 or 0434-30-6657.

Area One parking

The pavement markings in Area One are scheduled to be repainted Monday through July 8. The gravel parking lot adjacent to the Mini Mall will need to be used for alternate parking. The dates are subject to change with the weather. Call Ext. 6018 for more information.

Pediatric check-ups

Pediatric Dental check-ups at the base chapel annex are suspended during July, August and September. Appointments can still be made by calling the dental clinic at Ext. 5060 or 0434-30-5060.

Commissary recall

Children's Tylenol Meltaways 80 mg, Wacky Watermelon Flavor, have been voluntarily recalled by the manufacturer because the package design and information on the package may be confusing and could lead to improper dosing, including over-dosing. This product has been removed from commissary shelves. Shoppers may return the product for a full refund. For more information concerning the recall, visit the manufacturer's Web site at www.tylenol.com or the Food and Drug Administration Web site at www.fda.gov.

Resume workshop

A resume writing workshop is 10 a.m. to noon June 24. The class provides participants with the necessary tools to prepare a professional resume. Topics include resume formats, style, appearance, references and keywords. Call Ext. 5407 for more information.

Student loan rates

The Department of Education announced that rates on federally guaranteed student loans will jump by a record amount July 1. Because of an increase in Treasury bill rates, which the loan rates are pegged to, the in-school rate for the federal

Stafford new loans will rise from current 2.77 percent to 4.7 percent. The rate for Stafford loans in repayment will rise from 3.37 percent to 5.3 percent. Take advantage of the lower rate by consolidating before June 30. Students can consolidate their loans at www.Smartloan.com, or www.LoanConsolidation.ed.gov, a federal direct loan consolidation group which works with borrowers, schools and the loan holder.

Area One detour

Beginning today, access to the clinic and Aviano Family Support Center changes as the road leading to them will close for construction. Drivers will be routed to drive around past the kindergarten, library and school to get to the clinic and FSC. Detour signs will be posted.

Gas station

The following AGIP gas stations are open Sunday:

* AGIP on AP Highway, 44 in Aviano - located between Areas D and C and the Chinese restaurant on the AP highway

* AGIP on Via Maestra Vecchia, 170 in Cordenons, by the Co-op

* AGIP on Via Martiri Sfriso, 4, off SS13 toward the Sacile train station.

Parking tickets

Vehicles parked in the Grey Mall beyond the one hour grace period are receiving parking tickets during peak times. A blue windshield time-dial can be acquired through your local insurance company and select service stations around the community.

Girl Scouts

The Aviano Girl Scouts are hosting a western theme round-up camp August 9 to 13 with a sleep-over August 12. Cost for registered Girl Scouts is \$40 and \$50 for non-registered girls. For more information, call Valery Hodgson at 0434-30-768521 or e-mail her at cookie6886@yahoo.com.

Reel Times

Today, 5 p.m. - "Fever Pitch" Rated PG-13 - When Lindsey, a big time executive, meets funny and charming high school teacher Ben, they hit it off until Lindsey realizes Ben is a Red Sox fan. Starring: Drew Barrymore and Jimmy Fallon

Today, 8 p.m. - "The Upside of Anger" Rated R - A woman is left to care for her four daughters when her husband unexpectedly disappears. The situation is further complicated when she falls for her neighbor, a once-great baseball star turned radio D.J. Starring: Kevin Costner and Joan Allen

Saturday, 7 p.m. - "XXX: State of the Union" Rated PG-13 - NSA Agent Augustus Gibbons must track a dangerous military splinter group conspiring to overthrow the U.S. Government in the nation's capital. Starring: Ice Cube and Samuel L. Jackson

Sunday, 7 p.m. - "The Upside of Anger"

Wednesday, 7 p.m. - "XXX: State of the Union"

Thursday, 7 p.m. - "Fever Pitch"

June 24, 7 p.m. - "Star Wars: Episode III - Revenge of the Sith" Rated PG-13 - Three years after the Battle of Geonosis, the Clone Wars are coming to a close. Obi-Wan Kenobi is dispatched to bring down separatists Count Dooku and General Grievous. Chancellor Palpatine has become corrupt and with Anakin Skywalker's help, begins to turn the Republic into the Galactic Empire. Starring: Ewan McGregor, Hayden Christensen (*Titles and times are courtesy of www.aafes.com, and are subject to change.*)

Yes,
these are
real Aviano
Airmen.

Uniform Do's & Don'ts

*Do Aviano Airmen follow
AFI 36-2903 Air Force Dress
and Personal Appearance?**



Don't be caught with your buttons open. Clothing must be zipped, snapped or buttoned. (Table 2.6 , Item 1) Men's long-sleeved shirt may be removed in the immediate work area, but not in front of the Aviano Post Office. (Table 2.2, Line 1)



Don't wear a ponytail if your hair reaches your shoulders. Hair can not extend in length on all sides below an invisible line drawn parallel to the ground at the bottom edge of the shirt collar at the back of the neck. (Table 1.4, Line 5) When in doubt, pin it up.



Don't walk and talk on a cell phone, especially if it's for personal business. Cell phones and beepers must be clipped to the waistband or purse, or carried in the left hand. Such items are prohibited unless required to perform duties. (Table 2.6, Line 9)



Don't remove your hat at auto-mated teller machines. Only installation commanders can specify no-hat areas, and even then, they are required to keep such areas to a minimum. (Table 2.8)

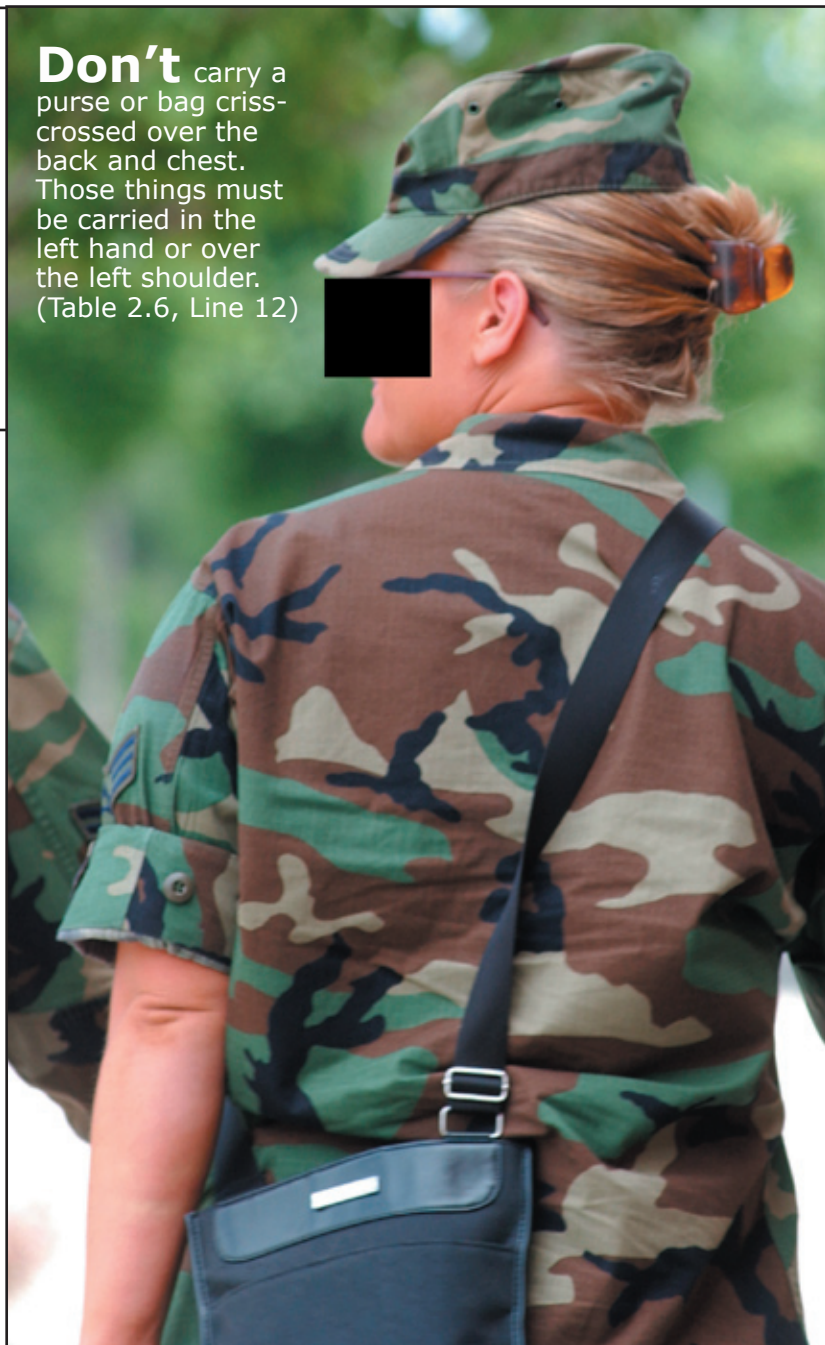


Don't be seen with no hat and hands in pocket in front of the Aviano Base Exchange. The "no hands in pockets authorized" was approved by Chief of Staff of the Air Force Gen. John P. Jumper to be included in AFI 36-2903 in July 2004. And the front of the BX is not an authorized "no hat" area.

Don't wear hair in a style that exceeds three inches in bulk and prevents the proper wear of headgear. (Table 1.4, Line 5) Hats must be worn squarely on the head. (Table 2.4, Line 9)

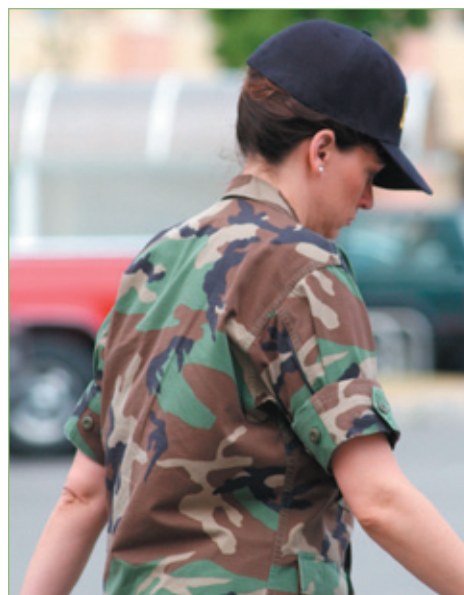


Don't carry a purse or bag criss-crossed over the back and chest. Those things must be carried in the left hand or over the left shoulder. (Table 2.6, Line 12)



Do like this Airman, and wear the purse on the left shoulder, keys in left hand to free up the right hand for proper salutes. Wearing a crisp uniform like hers is also a "do."

Do like this Airman, and wear hair neatly pulled up above the collar. (Table 1.4, Line 5) Do keep earrings small and spherical, conservative, diamond, gold, pearl or silver. (Table 2.5, Item 3)



Correct Correcting

Tips on how to politely point out another Airman's uniform flaw.

- Be polite. Chances are the person is not aware they are violating AFI 36-2903 *Dress and Appearance of Air Force Personnel*.
- Keep it casual and avoid being accusative. Nobody likes to be chewed out by a stranger.
- Don't be intimidated by rank. Most Airmen – officers and enlisted – appreciate being pointed in the right direction when it comes to their uniform.
- Know the regulations yourself. Changes were recently introduced after the latest uniform board in July 2004. Things like white socks and wearing a back pack on both shoulders were approved. Visit www.af.mil.

Fly Bys

Tourist passports

Having a tourist passport when traveling outside Italy is the safest way to travel. Information, tickets and tours passengers must travel with a tourist passport to Poland, Croatia, Slovenia, Albania, Russia, Romania, Hungary, Czech Republic, Turkey, Tunisia, Egypt, Israel, and Kenya. Passports may be obtained at the Aviano Military Personnel Flight.

Antique markets

Local Italian villages hold regularly scheduled antique markets. The following schedule identifies the market day for area villages: first Sunday of the month - Aviano, Casarsa, Codroipo, San Quirino; second Sunday - Asolo, Montepulciano, Portobuffole, Florence, Montegrotto, Sacile, Noale, Villa Franca, and Udine; third Sunday - Este, Godega Sant'Urbana, Montebelluna, Fontanellato, Padova, Badovere, Siena, Soave and Trieste.

Travel Web site

Americans with travel plans should visit <http://travel.state.gov> to get the latest travel advisories in Europe. Maintained by the U.S. Department of State, the Web site offers a list of places suspected of anti-American activity, as well as other information for travelers. Call the Office of Special Investigation at Ext. 7643 with questions about the site or other antiterrorism force protection measures.

Experience Europe

The Information Tickets and Travel office offers group and customized tour packages for one-day trips, express travel, overnight and morale tours, sightseeing and shopping trips. The office can arrange travel and reservations for squadron and private tours as well as daily and weekly tours. For more information, call Ext. 5072.



Courtesy photo

Name this vacation location

This week's vacation location is known as the Capital of Peace; the European headquarters of the United Nations is located here. Another well-deserved name for this city with a humanitarian tradition, international organizations and cosmopolitan flair, is the world's smallest metropolis. Quays, lake side promenades, parks, elegant stores and lively streets and alleyways in the old part of town wait to be discovered. Boat trips on the Rhone River beckon visitors and the Alps seem close enough to touch. Be the fifth person to name this location and win a prize. Send answers to vigileer@aviano.af.mil. Congratulations to Staff Sgt. Jayson Minio, Det 17, for answering last week's location with Ibiza, Spain.

Air Force travel online: Visit www.aftravelonline.com for information on airplane and train tickets and hotel reservations.



File photo

The leaning tower in Pisa is considered one of the most recognizable buildings in the western world.

Information, Tickets and Tours

Upcoming tours from the Information, Tickets and Travel office include:

- Wednesday - Gardaland, sign up by today, children's rates offered
- June 24 to 26 - French Riviera (Nice, Cannes, Monaco, Monte Carlo)
- June 25 - Pisa and Vinci museums, sign up by Wednesday
- July 1 to 4 - Fourth of July special in Spain (Barcelona, Madrid and Toledo)

• July 2 - Guided Venice and Palazzo Ducale, sign up by June 29

• July 3 - Opera Aida, sign up by June 29. The ITT escort will ensure the group arrives and departs from the destination as scheduled and will do everything possible to make the trip safe and comfortable. He or she will provide general information about the area, as well. Call Ext. 5072 or 5026.

Air Force marathon set for September

By Steve VanWert
Air Force Services Agency
Public Affairs

Air Force Services officials will hold the ninth annual Air Force Marathon at Wright-Patterson Air Force Base, Ohio, Sept. 17. The marathon will also include a half-marathon, wheelchair race, a four-person relay and a 5k race.

The deadline for registration is Sept. 2. The race is open to the public.

The course is a certified 26.2-mile run that starts and ends at the National Museum of the U.S. Air Force and traverses historical places on Wright-Patterson, including the Air Force Institute of Technology, Air Force Materiel Command headquarters, the Wright-Patterson flightline and the Wright Brothers Memorial Monument.

Bill Rogers, a four-time winner of the Boston and New York City marathons and a member of the 1976 U.S. Olympic marathon team, along with Alberto Salazar, who set six U.S. records, a world record and won three consecutive New York marathons, will speak at a dinner at the National Museum of the U.S. Air Force on Sept. 16 and participate in the races.

Registration fees are: marathon (individual), \$45; wheelchair, \$45; relay team, \$160 per team; half marathon, \$30 and the 5k, \$15. Tickets for the dinner can be paid for on the registration entry form and are \$12 per adult, \$6 per child ages 6 to 12, and free for children age 5 or younger.

Permissive temporary duty is authorized for this event.

The Air Force Marathon has been flying high for eight years, and Air Force Services Agency officials recently approved it as

Rules of the road:

- Runners tune into their bodies, not out, so save the headphones for the treadmill. You won't be able to hear cars, dogs or people if you wear headphones on the road.

- Whenever possible, run against traffic. Be sure to make eye contact with drivers.

- Tell someone your running route and approximately how long you'll be gone.

- Carry identification and an emergency phone number, but don't carry your home address.

- Wear reflective or light colored clothing if running at night.

- Leave your jewelry at home.

(www.marathonguide.com)

an official Air Force event. The marathon began in 1997 as Wright Patterson's tribute to the 50th anniversary of the Air Force. A record 3,500 people participated last year, while about 7,000 others volunteered or were spectators.

"Becoming the official Air Force Marathon brings credibility to it," said M. Scott Nunnally, of the Air Force Services Agency.

The Air Force Marathon is already a qualifying race for the Boston Marathon.

For more information, people can visit the Air Force Marathon Web site at <http://afmarathon.wpafb.af.mil> or call (937) 257-4350.

Fly Bys

Fishing trip

A trout fishing trip is scheduled for 8 a.m. to noon Saturday. The cost for catch is \$3.50 per kg with a no throw-back rule. There is also a \$5 transportation fee. Call Ext. 8623 for more information.

Volleyball

Beginning June 26, the Aviano Dragon Fitness Center will be open for men's and women's volleyball 2 to 6 p.m. Sundays. For more information, call Ext. 7459.

Fourth of July

A Fourth of July celebration is scheduled for July 3 and 4 at Freedom Park behind the Aviano Dragon Fitness Center. Events include a Chiefs vs. Eagles softball tournament, chili cook-off and carnival rides.

Rock climbing

The Aviano Outdoor Recreation Center has two qualified rock climbing volunteers to teach the basics. Classes and locations depend on interest. Call Ext. 8623 for more information. Cost is \$10 per class.

Stars and strikes

Now through August, bowlers can earn prizes by collecting punches on three levels of punch cards. Every card completed becomes an entry for monthly prizes and a chance to win \$500.

The Aviano Bowling Center is in Area One Bldg. 176. It's open 10 a.m. to 10 p.m. Sundays through Thursdays and 10 a.m. to midnight Friday and Saturdays. Call Ext. 7487 for more information.

Mountain biking

Through October, guided mountain biking trips through Cortina are available with the outdoor recreation center. A mountain bike and helmet are provided. Participants must be at least 15 years old. For more information, call Ext. 8623.

Log it: Keep track of your workouts by logging onto <http://www.aviano.fitlinxx.com>.

Combat fitness

The Dragon Fitness Center offers various weekly aerobic and strength training classes to fit almost anyone's schedule.

Aerodance - a high energy dance aerobic workout

Cardio-kickboxing - jab and kick your way into shape

Step Aerobics - a high energy cardiovascular workout involving a step

Yoga - learn basic

yoga poses for a healthier body and mind

Spin - An indoor group cycling class designed to build strength and endurance

T.B.C. - a total body conditioning class combining strength and cardio training

Tone to the bone - Cardio, body sculpting, and resistance training

For more information on these classes, call Ext. 7459.



UPCLOSE

and personal with Aviano's best

Serving as the Aviano base training manager, **Master Sgt. Starlen Davis** was recently awarded the 2004 Air Force Education and Training Manager Award. This recent Community College of the Air Force Dean's List graduate works with 25 different Aviano units and 27 unit training managers on all issues related to on-the-job training.

Q: How long have you been in the Air Force and why did you join?

A: I've been in the Air Force for 20 years. I came in because I wanted to do something special with my life.

Q: What about the military do you love and why do you stay?

A: I've always felt that every American should serve their country for at least two to three years in some capacity. As for me, I started with the idea of serving four years, and then I met the love of my life, Terry, who was also active duty. We jointly decided to stay in and make the Air Force a career.

Q: How did you feel when you found out you won the award?

A: The first emotion was of course shock! There are a lot of good training managers out there who are very deserving of being honored. I've always remembered something a great leader once told me after I received

an award ... "be sure to go back and thank those around you that helped make it happen." This award belongs to 27 Aviano unit training managers just as much as it does to me. We improved the wing training program together.

Q: What are your plans for the future?

A: Terry and I PCS to Andrews AFB in September. From there, we'll probably retire. We have land in central Pennsylvania that we hope to start building on when we get back to the states. Six years from now I'd like to be sitting on my front porch with a glass of lemonade ... simple living.

Q: Winning an Air Force-level award is an excellent achievement. What do you attribute your success to?

A: Working with a great team of training managers and having an awesome volunteer with a huge heart. Leadership was also key. Lt. Col. Raynor was very supportive and Col. Chambers



laid the groundwork for us to get maximum time with Brig. Gen. Philip Breedlove and the unit commanders. The units that don't have 3S2 Training Managers assigned also played a key role. Commanders selected some of their most talented people to run their training programs ... at the expense of taking them out of hiding. My success is the result of many others who wanted training to be a priority just as bad as I did.

Q: Who is your professional role model or mentor?

A: I don't really have one mentor, but rather I prefer to watch people in action and learn from each. If I had to choose one person who has made the greatest impression it would be my wife (Ret.) Master Sgt. Terry Davis. Terry has always given 100 percent to everything she does. When I feel like giving less than 100 percent, I think of her.

(Compiled by Airman 1st Class Sarah Gregory, 31st Fighter Wing Public Affairs)



The Cornerstone

An indispensable and fundamental basis

The **Cornerstone Page** is devoted to those who support junior enlisted, NCOs, CGOs and spouses. It's to share advice, ideas and opinions dealing with life in the Air Force and Aviano. It's also a forum to recognize those around us. The Cornerstone Page will also offer Air Force trivia and facts.

Submission info: We want to hear from you. Flex your writing talents and share your thoughts with us and the community.

Commentaries: Writers can send commentaries to vigileer@aviano.af.mil. Commentaries must be 500 to 700 words. Topics must be applicable to the Air Force, Aviano and appeal to the general public. For questions or concerns, call the Vigileer at Ext. 7344.

Kudos: Aviano members can send kudos to Vigileer@aviano.af.mil with the subject line "Kudos." Kudos can be submitted for appreciation, retirements, awards, good service, promotions and graduations.

Deadline: The deadline for submitting information is close of business Thursday one week prior to publication. Faxed articles will not be accepted by the staff. The public affairs office is in Bldg. 1360, Room 19.

Kudos: Recognizing Those Who Serve

Congratulations to the **31st Services Squadron** for being selected for U.S. Air Forces in Europe's Best Golf Program for 2005 • Best Fitness and Sports Program for 2005 • Best Readiness Program for 2005.

The 31st Fighter Wing leadership wishes to thank **Chris LaPorta** for her volunteer work around Aviano Air Base. Her hard work and dedication helped improve the quality of life for those living and working here. Best of luck as you PCS with your family - Aviano will miss you!

We would like to thank the awesome volunteers who made our Patriot Day wonderful! Thank you to Christopher Thai, Ian Staten, Anthony Cerrone, Debbie Jackson, Jed Lucas, Ethan Moritz, Cody Carter, Serena Cardenas, Laura Loreda, BreAnna Martinez, Kyle Douglas, Josh Gidcumb, Jeffrey Gleaton, Brian Dean, Monica Komosa, Tia Locklear, Lonnie Locklear, Katrina Powell, Mary Copeland, Michael Zadroge, Nicole Bowman, Michael Shaffer, Georlita Senen, Carlos Martinez, Unnathi Boblak, Ronda Lash Johnsen, Patrick Rayel, Mickie Schatilly, Kevin James, Lollie Rinehardt, Daneen Mariott, Charles Taylor, Frank Monagas, Jay Howerin, Rigoberto Chacon, Mrs. Fortner, Lawrence Guajardo, Amanda DePasquale, Lisa Pando, Christopher Peterson, Nicanor Uy, Clifton Wells, Tracy Ankersen, Rhea Dilig, Rebecca Steuver, Deborah Adams, Ruby Negus, Richard VanDyke, Quinton Hunt, David Jary, Cacique Rodriguez, Jonathan Shank, Andrew Junquet, Benjamin Fox, Frank Bradt and Gilbert Casillas.

Cathryn Cline-Casillas and Julia Bradt on behalf on the students and staff of Aviano Middle School